



# THE UNITARIAN UNIVERSALIST FELLOWSHIP

## *of the Carolina Foothills*

Meeting 1<sup>st</sup> and 3<sup>rd</sup> Sundays of each month at the Whimsical World Gallery, 116 Jones St in Landrum, SC  
Mailing Address: UUFCE, P. O. Box 653, Tryon, NC 28782



### Happening in March

**March 1 – UUFCE Service at 10:30**  
March 8 – Daylight Savings begins  
March 10 – Men’s Group meets  
March 11 – Women’s Group meets  
**March 15 -- UUFCE Service at 10:30**  
March 17 – St. Patrick’s Day  
March 20 – Spring Equinox  
March 24 – Men’s Group meets  
**March 29 – UUFCE Service at 10:30**



**Sunday, March 1, 2026 – Ernie Mills** (Originally Scheduled for Feb.15)

## Revenge

Revenge is a normal human emotion, or should we call it a “passion?” At a gut level, it is normal to want to hit back when you’ve been hit. In the distant past, revenge was a matter of justice. The old law known as “lex talionis,” simply stated “eye for eye, tooth for tooth, life for life.” But times have changed and we have evolved. That is, most of us have evolved. As difficult as it might be, *mature* adults try their best not to hit back, but rather channel all that passion into other avenues, like being successful. As the saying goes, “Success is the best revenge.” We will explore the passion of revenge and how to channel it in positive directions.

**Sunday, March 15, 2026 – Ernie Mills**

## Lessons of the Lady Slippers

A memory of my mother that has stayed vivid in my mind is the day I visited her one early spring morning to find her in a state of sheer excitement. She greeted me with a big smile on her face and said, “Guess what I found?” She didn’t hesitate to give me a chance to answer; it was “Lady Slippers!” (for those of you who may not know, Lady Slippers are wild orchids that look like their name) She had discovered them on her walk in the woods that surrounded her home in Etowah, NC. It was years later, after her death, that I came to realize what my mother taught me through her love not only of Lady Slippers, but the simple pleasures and joys of living. It strikes me that if we humans are not on our guard, we can get caught up and carried away by a sensationalism that seems to have no limits. As a result we require more and more sensation to “excite jaded nerves”. If we are caught up in such a world, we can find our way back to the enjoyment of the simple things in life. It’s one thing my mother taught me that day she discovered Lady Slippers.



## Conservation Green Burial



Green burials and/or conservation burials are environmentally friendly alternatives to traditional burial practices, focusing on sustainability and minimal environmental impact. In a green burial, the body is interred without embalming fluids, in a biodegradable coffin or shroud, allowing for natural decomposition. This practice emphasizes simplicity, conservation, and a return to the earth in a way that supports ecological balance.

As part of our ongoing series on end of life issues, we are pleased to welcome Amanda Peckman, Director of Kings Mountain Preserve’s Conservation Green Cemetery, headquartered in Blacksburg, SC, to explain how the process works and what options are available to those considering alternatives to more traditional interment.

*Amanda Peckman became interested in this subject when she saw how her love for people and nature intersected in the practices of conservation burial. Death has always been a prominent presence in her life. Experiencing the mark of grief on her family from a young age has made her sensitive to the fragility of life. Amanda’s friends would describe her as a lifelong learner, an empathetic conversationalist, and a passionate advocate. She lives and loves in North Carolina with her husband and their 3 children. You can find Amanda outside playing with her kids, gardening, and learning how to paint in watercolor. You may also find her inside hosting community gatherings, developing a new recipe, or in deep conversation - either with people or through reading a book. We’re lucky to have her speak!*

### In their own words...

You may remember that the Fellowship solicited names of people who might need financial help during the holidays. Responses proved the gestures were genuinely appreciated. We’re keeping the names of recipients private, but here are a few excerpts from their Thank-You notes.

*This is such a beautiful blessing!!  
I am both humbled and grateful for your kindness  
and generosity, i am also Thanked to your church.*

*To say it is APPRECIATED  
would be a UNDERSTATEMENT*

*May you all continue to be  
a bright light in this some-  
times dark world.  
MANY, MANY THANK YOU'S -*

### And from Becky Kraai

“Thank you so much for the beautiful stained glass I just opened!!! I am showing it in front of my Hogback Mt view from our house. What a perfect remembrance of the music and the flowers and the mountains I have enjoyed these past 8 years. And pictured also in the piece is my UU community and whimsical landlord. Thank you so much for all your goodness.”



Sun Catcher by David Cedrone



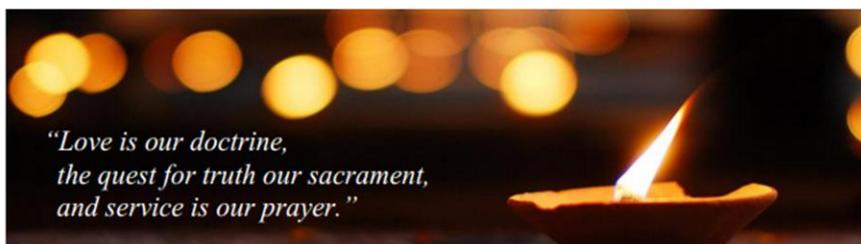
**Men’s Discussion Group** meets on the second and fourth Tuesday each month at 11:00 in the Polk County Library, 1289 W. Mills St. in Columbus



**Women’s Discussion Group** meets on the second Wednesday of each month at 2:00 at the Landrum Library, 111 Asbury Drive

### 2026 UUFCF Board Members

Chair: Alisa Mosley –803-603-9300  
Vice Chair: Don Greeson – 828-290-3627  
Treasurer: Tom Kosmata –803-546-6322  
Secretary: Janice Minshew--772-834-1234  
At Large: Christine Mariotti –828-440-1277  
Minister: Ernie Mills – 828-553-7418



*“Love is our doctrine,  
the quest for truth our sacrament,  
and service is our prayer.”*